

22 February 2024

Dear Parents and Carers,

### Emma Tabacaru Stage 3 Student Sessions

On Thursday 29 February 2024 our Stage 3 students will participate in the Emma Tabacaru student presentations. All Stage 3 students participate in the sessions about puberty and relationships, and our Year 6 students will have an additional session about sexual education. The session details from Emma are outlined below:

#### **STAGE 3 GIRLS SESSION (Year 5 & 6) The Bloom Session – 9.30am to 11.00am**

This session will cover the anatomy of the remarkable female body and the changes associated with puberty. Girls will be equipped with top tips for crushing puberty so that they can take care of their bodies well through this season and feel prepared and confident about getting their first period... and managing the 450ish after that. This session will also cover the basics about how boys experience puberty.

#### **STAGE 3 BOYS SESSION (Year 5 & 6) Remarkable: Guy Stuff – 11.30am to 1.00pm**

During this session, boys will learn about the in's and out's of their anatomy and the changes their bodies will go through as they move through puberty. Students will be equipped with information to handle these changes well and empowered to take care of their body and mind well during this season. This session will also cover the basics of how girls experience puberty and periods.

#### **YEAR 6 ONLY BOYS & GIRLS: The Purpose of Sex/Babies and Bonding – 1.50pm to 3.00pm**

This presentation covers the basic structure & function of the male and female reproductive systems, introduces the basics of sexual reproduction and the importance of sex in bonding two people on an emotional, physical and soul level.

To learn more, we encourage all parents to attend Emma's Parent Session on the evening of Thursday 29 February 2024. Further details are available via our Events on our Website: [Book Here](#)

Please email me if you have any queries: [Carlee.johnston@calvarycc.qld.edu.au](mailto:Carlee.johnston@calvarycc.qld.edu.au).

Kind regards,

Carlee Johnston  
Acting Head of Wellbeing - Carbrook

