



CALVARY
CHRISTIAN COLLEGE



centre
for **innovative**
learning design

ATHLETICS CARNIVAL 2025



FRIDAY 25 JULY
ATHLETICS CARNIVAL
INFORMATION

- At 8.35am all students need to report to their Form Class for roll marking and notices – from here all students and staff need to move to the oval by 8.45am.
- Seating in stands:

FINISH LINE	MPC						100m START
		Chisholm	Flynn	King	Liddell		

- **The Tuckshop will not be available for students to access on the day, but pre-orders will be accepted and delivered to the oval.**
- All students are encouraged to wear their house-based sports uniform to and from school on the day. House-coloured hats and zinc cream may be worn at school only.
- ALL STUDENTS are expected to compete in **at least** 2 events on the day. Those who are unable to compete due to injury will be expected to help staff in the running of the carnival in some way.
- Points scoring system:

Individual Events:

PLACE	POINTS	PLACE	POINTS
1 st	10	6 th	4
2 nd	8	7 th	3
3 rd	7	8 th	2
4 th	6	Remainder	1
5 th	5		

Relay Points:

PLACE	POINTS
1 st	20
2 nd	15
3 rd	10
4 th	5

- When a track event 'clashes' with a field event, competitors are required to register their name at their field event first, race their track event, then return to complete their field event. When practical to do so, students should complete some of their field event before leaving to compete in their track event. Track events take priority over field events, i.e. they will not wait for students who arrive late from a field event.
- **In the field events, students may only be given 2 jumps or throws if there are a large number of competitors, with students (typically top 8) given a third throw/jump opportunity if time permits.**
- In the event of wet weather, the carnival will be postponed and students will attend normal classes for the day. Therefore, if wet weather is forecast, students should be prepared for this. Confirmation of postponement will be made via the Calvary Middle and Senior School Facebook page.
- **Sunscreen and hats** should be worn all day. Students should also stay in the shade provided when possible. All students should also drink plenty of **water** throughout the day.

- **Shoes are to be worn in all events.** For safety reasons, **bare feet are not allowed.**
- **Relay procedures** – unlike all individual events, relays will be run in Year Levels (NOT age groups). Students are permitted to race in their own Year Level, plus (no more than) one other older Year Level (if necessary).

FIELD EVENTS – SPECIFICATIONS

	BOYS						
	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs	17 Yrs	19 Yrs
Shot Put	3 kg	3 kg	4 kg	4 kg	5 kg	5 kg	6 kg
Discus	750 g	1 kg	1 kg	1 kg	1.5 kg	1.5 kg	1.75 kg
Javelin	600 g	600 g	700 g	700 g	700 g	700 g	800 g
High Jump (Starting height)	1.10 m	1.20 m	1.25 m	1.30 m	1.35 m	1.40 m	1.40 m

	GIRLS						
	12 Yrs	13 Yrs	14 Yrs	15 Yrs	16 Yrs	17 Yrs	19 Yrs
Shot Put	3 kg	3 kg	3 kg	3 kg	3 kg	3 kg	4 kg
Discus	750 g	1 kg	1 kg	1 kg	1 kg	1 kg	1 kg
Javelin	400 g	400 g	500 g	500 g	500 g	500 g	600 g
High Jump (Starting height)	1.05 m	1.10 m	1.10 m	1.15 m	1.15 m	1.15 m	1.15 m

PAST HOUSE CHAMPIONS

2000	Teresa
2001	Teresa
2002	Livingstone
2003	Pascal
2004	Teresa
2005	Teresa
2006	Teresa
2007	Pascal
2008	Pascal
2009	Teresa
2010	Livingstone
2011	Teresa
2012	Teresa

2013	Pullinger
2014	Teresa
2015	Flynn
2016	Flynn
2017	Chisholm
2018	Flynn
2019	Chisholm
2020	Chisholm
2021	Liddell
2022	Flood 🙄
2023	Liddell
2024	Liddell
2025	???

ATHLETICS CARNIVAL PROGRAM 2025

Thursday 17 July (2nd Break)
1500m

Friday 25 July (FULL DAY)

	9.10am	9.40am	10.00am	10.40am	10.50am	11.40pm	11.40pm	12.30pm	1.00pm	1.20pm	2.00pm
Long Jump 1	17/19 Boys	800m	12 Boys	100m	13 Boys	200m	15 Boys	16 Boys	400m	14 Boys	4 X 100m RELAY
Long Jump 2	17/19 Girls		12 Girls		13 Girls		15 Girls	16 Girls		14 Girls	
Discus East	14 Boys		17/19 Boys		12 Boys		13 Boys	15 Boys		16 Boys	
Discus West	14 Girls		17/19 Girls		12 Girls		13 Girls	15 Girls		16 Girls	
High Jump	16 Boys & Girls		14 Boys & Girls		17/19 Boys & Girls		12 Boys & Girls	13 Boys & Girls		15 Boys & Girls	
Shot Put North	15 Boys		16 Boys		14 Boys		17/19 Boys	12 Boys		13 Boys	
Shot Put South	15 Girls		16 Girls		14 Girls		17/19 Girls	12 Girls		13 Girls	
Triple Jump 1	13 Boys		15 Boys		16 Boys		14 Boys	17/19 Boys		12 Boys	
Triple Jump 2	13 Girls		15 Girls		16 Girls		14 Girls	17/19 Girls		12 Girls	
Javelin East	12 Boys		13 Boys		15 Boys		16 Boys	14 Boys		17/19 Boys	
Javelin West	12 Girls		13 Girls		15 Girls		16 Girls	14 Girls		17/19 Girls	

CALVARY TRACK & FIELD RECORDS

BOYS

AGE	HOLDER	HOUSE	RECORD	YEAR
100m				
12	Dean Evans	T	13.40	2005
13	Christopher Fisher-Isaacson	P	12.77	2008
14	Christopher Fisher-Isaacson	P	12.08	2009
15	Arden Frylink	S	11.90	2014
16	James Skinner	L	11.71	2004
17	James Skinner	L	11.32	2005
19	Oliver Brits	L	11.62	2020
200m				
12	Dean Evans	T	28.74	2005
13	Christopher Fisher-Isaacson	P	26.50	2008
14	Ben Hough	T	25.04	2005
15	Ben Hough	T	23.98	2006
16	Zekiel Mearns	L	23.35	2023
17	Trent Melloy	P	23.19	1998
19	Oliver Brits	L	24.81	2020
400m				
12	Thomas Anderson	L	1:07.57	2013
13	Daniel McEwan	C	1:00.10	2016
14	Jarred Hinds	P	58.63	2004
15	Arden Frylink	S	55.53	2014
16	Darius Maris	C	55.85	2017
17	Brandon Manley	L	53.24	2009
19	Joshua Ruggeri	L	57.07	2009
800m				
12	Toby Marks	P	2:35.09	2013
13	Daniel McEwan	C	2:22.24	2016
14	Kade Luck	T	2:21.49	2012
15	Daniel McEwan	C	2:18.46	2018
16	Darius Maris	C	2:14.72	2017
17	Joshua Pellowe	L	2:14.68	2001
19	Joshua Ruggeri	L	2:09.35	2009
1500m				
12	Toby Marks	P	5:08.77	2013
13	Daniel McEwan	C	4:50.05	2016
14	Kade Luck	T	4:50.83	2012
15	Daniel McEwan	C	4:46.30	2018
16	Brandon Manley	L	4:50.33	2008
17	Sam Oates	L	4:43.38	2009
19	Bryce Anderson	S	5:08.84	2011
3000m				
12	Toby Marks	P	10:32.75	2013
13	Kade Luck	T	10:45.49	2012
14	David Chang	S	11:17.00	2010
15	Kade Luck	T	10:25.90	2013
16	Brandon Manley	L	10:27.45	2008
17	Sam Oates	L	10:11.63	2009
19	Joshua Ruggeri	L	10:31.50	2009
4 x 100m Relay				
Year 7	PASCAL		1:03.20	2013
Year 8	TERESA		58.80	2009
Year 9	PULLINGER		54.97	2009
Year 10	PULLINGER		51.61	2013
Year 11	PASCAL		51.85	2008
Year 12	PULLINGER		48.95	2004

CALVARY TRACK & FIELD RECORDS

BOYS

AGE	HOLDER	HOUSE	RECORD	YEAR
Long Jump				
12	Zekiel Mearns	L	4.48m	2019
13	Zekiel Mearns	L	4.69m	2020
14	Timothy Hames	T	5.78m	2009
15	Brandon Hoskins	L	5.52m	2012
16	Brandon Hoskins	L	6.12m	2013
17	Andrew Berry	C	6.23m	2016
19	Oliver Brits	L	6.27m	2020
Triple Jump				
12	Brady Jamieson	T	9.61m	2009
13	Zekiel Mearns	L	10.74m	2020
14	Zekiel Mearns	L	10.86m	2021
15	Andrew Berry	L	11.22m	2014
16	Brennan Scott	P	12.33m	2009
17	Andrew Berry	C	13.17m	2016
19	Oliver Brits	L	12.03m	2020
High Jump				
12	Andrew Berry	L	1.48m	2011
13	Andrew Berry	L	1.60m	2012
	Zekiel Mearns	L		2020
14	Andrew Berry	L	1.79m	2013
15	Andrew Berry	L	1.85m	2014
16	Andrew Berry	C	1.95m	2015
17	Andrew Berry	C	2.05m	2016
19	Isaiah Low	C	1.69m	2019
Discus				
12	Andrew Heuser	S	24.12m	2002
13	Daniel Barney	T	26.43m	2002
14	Chris Stanley	S	32.12m	2005
15	Dean Evans	T	41.40m	2008
16	Steven Ducret	L	33.62m	1998
17	Shinya Ikei	T	32.26m	2010
19	Lee Willersdorf	S	29.63m	2009
Javelin				
12	Daniel Horne	L	25.60m	2006
13	Christopher Fisher-Isaacson	P	31.60m	2008
14	Ricus Niksch	P	34.47m	2011
15	John Hill	L	40.76m	1997
16	Chris Rodrigo	P	43.67m	2005
17	Ben Oates	L	40.85m	2004
19	Lee Willersdorf	S	42.88m	2009
Shot Put				
12	Mackinley Long	K	9.40m	2015
13	Shinya Ikei	T	13.71m	2006
14	Shinya Ikei	T	12.38m	2007
15	Jake Hedger	T	18.74m	2012
16	Shinya Ikei	T	14.48m	2009
17	Shinya Ikei	T	14.09m	2010
19	Lee Willersdorf	S	12.41m	2009

CALVARY TRACK & FIELD RECORDS

GIRLS

AGE	HOLDER	HOUSE	RECORD	YEAR
100m				
12	Kirsten McEwan	C	13.62	2017
13	Caitlyn Smith	P	13.64	2010
14	Caitlyn Smith	P	11.50	2011
15	Caitlyn Smith	P	12.87	2012
16	Ainsleigh Bevan	L	13.00	2017
17	Sian Van Blerk	K	14.14	2023
19	Kellyn Burn	F	14.82	2021
200m				
12	Tyler Boxshall	S	26.75	2010
13	Caitlyn Smith	P	28.00	2010
14	Caitlyn Smith	P	26.51	2011
15	Caitlyn Smith	P	27.15	2012
16	Ainsleigh Bevan	L	29.06	2017
17	Claire Prickett	S	29.73	2013
19	Alexandra Burton	L	31.56	2018
400m				
12	Kirsten McEwan	C	1:07.36	2017
13	Kirsten McEwan	C	1:06.18	2018
14	Caitlyn Smith	P	1:02.51	2011
15	Caitlyn Smith	P	1:04.15	2012
16	Melanie Morris	T	1:03.00	1997
17	Claire Prickett	S	1:08.27	2013
19	Nyamuoch Yakuac	S	1:16.57	2009
800m				
12	Kirsten McEwan	C	2:37.13	2017
13	Shannon Smit	S	2:44.02	2006
14	Caitlyn Smith	P	2:44.82	2011
15	Shannon Smit	S	2:44.52	2008
16	Rone Jacobs	C	2:40.78	2019
17	Rone Jacobs	C	2:55.35	2020
19	Nyamuoch Yakuac	S	2:59.75	2009
1500m				
12	Hannah Le Sage	T	5:32.78	2013
13	Shannon Smit	S	5:33.73	2006
14	Shannon Smit	S	5:39.10	2007
15	Shannon Smit	S	5:36.86	2008
16	Larissa Watter	T	5:42.28	2014
17	Jenali Collier	L	6:37.89	2011
19	Nyamuoch Yakuac	S	6:08.59	2009
3000m				
12	Hannah Le Sage	T	12:20.55	2013
13	Shannon Smit	S	12:00.11	2006
14	Shannon Smit	P	12:15.48	2007
15	Shannon Smit	S	11:55.92	2008
16	Larissa Watter	T	12:37.97	2014
17	Nyajame Yakuac	S	12:13.00	2010
19	Nyamuoch Yakuac	S	13:29.00	2009
4 x 100m Relay				
Year 7	KING		1:05.55	2018
Year 8	TERESA		58.34	2014
Year 9	PASCAL		59.27	2014
Year 10	LIVINGSTONE		55.25	2014
Year 11	TERESA		50.87	2014
Year 12	LIVINGSTONE		51.69	2014

CALVARY TRACK & FIELD RECORDS

GIRLS

AGE	HOLDER	HOUSE	RECORD	YEAR
Long Jump				
12	Kirsten McEwan	C	3.99m	2017
13	Ainsleigh Bevan	P	4.33m	2014
14	Caitlyn Smith	P	4.60m	2011
15	Jade King	L	4.50m	2000
16	Lauren King	S	4.59m	2013
17	Nyajame Yakuac	S	4.50m	2010
19	Tong Qiu	L	3.91m	2020
Triple Jump				
12	Kirsten McEwan	C	8.69m	2017
13	Caitlyn Smith	P	9.30m	2010
14	Caitlyn Smith	P	9.69m	2011
15	Emily Huntley	F	9.78m	2021
16	Lauren King	S	9.40m	2013
17	Lauren King	S	9.62m	2014
19	Annabella Massey	L	9.35m	2016
High Jump				
12	Tiani Olivier	L	1.33m	2021
13	Caitlyn Smith	P	1.42m	2010
14	Zoe Frylink	S	1.45m	2011
15	Lauren King / Caitlyn Smith	S/P	1.45m	2012
16	Lauren King / Zara Mearns	S/L	1.45m	2013/2021
17	Lauren King	S	1.48m	2014
19	Jessica Cerezo	L	1.40m	2018
Discus				
12	Lauren Woodward	L	26.30m	2012
13	Lauren Woodward	L	26.41m	2013
14	Lauren Woodward	L	32.85m	2014
15	Heather Windle	S	24.05m	1998
16	Gaelle Murhi	F	22.46m	2018
17	Shelley Sorrenson	T	26.72m	2001
19	Jessica Cerezo	L	24.60m	2018
Javelin				
12	Lauren Woodward	L	26.43m	2012
13	Lauren Woodward	L	33.00m	2013
14	Lauren Woodward	L	30.27m	2014
15	Annabella Massey	S	28.60m	2013
16	Annabella Massey	S	27.72m	2014
17	Annabella Massey	L	29.40m	2015
19	Annabella Massey	L	31.37m	2016
Shot Put				
12	Lauren Woodward	L	9.16m	2012
13	Laura Amiet	T	10.59m	2003
14	Lauren Woodward	L	12.49m	2014
15	Laura Amiet	T	9.99m	2005
16	Laura Amiet	T	9.44m	2006
17	Laura Amiet	T	9.72m	2007
19	Brianna Clark	F	7.95m	2023