CALVARY CARBROOK JUNIOR SCHOOL

2027

Sports Development Program Overview

CALVARY CHRISTIAN COLLEGE

centre for innovative learning design

OVERVIEW AND RATIONALE

At Calvary we aim to create an environment that unleashes the potential of each child through exceptional learning and a holistic approach to their personal development. Through participation in **Physical Education** and our **Sports Development Program** we aim to develop, equip and empower your child in a range of areas. These include general fitness, skills and knowledge for lifelong health and wellbeing; skills to participate in a variety of sports and activities and avenues to pursue representative sport, teamwork and leadership.

In 2026 we are incorporating a strategic and purposeful approach to introduce, develop, and enhance student athleticism and fitness. Our **Sports Development Program** works in conjunction with the Stage-based approach and provides a stronger **development** in focus sports.

- Students in Prep will participate in a weekly PE lesson and a further session of Fundamental Movement Skills activities.
- Students in Stage 1 will participate in two weekly PE lessons and a further session of Fundamental Movement and Sport Skills.
- Students in Stage 2 will participate in two PE lessons and extra focussed sessions of sport-based skill development each week. This progresses into team-based competition in a variety of sports.
- Students in Stage 3 will participate in two lessons of PE, Gala/Interschool Sport against schools in the local school sporting district. Specific skills, strategies and teamwork are enhanced in team specific coaching sessions prior to competitions and tournaments.

PREP AND STAGE 1

The focus in Prep and Stage 1 is developing student Fundamental Movement Skills to provide the foundation for competent and confident participation in all manner of sports and physical activities. The skills developed include:

- locomotor and non-locomotor skills (e.g. rolling, balancing, sliding, jogging, running, leaping, jumping, hopping, dodging, galloping, skipping, floating, moving the body through water to safety)
- object control skills (e.g. bouncing, throwing, catching, kicking, striking)

STAGE 2

The focus of Stage 2 Sport is to develop greater proficiency across the range of fundamental movement skills in game situations. In addition, students will be given the opportunity to develop personal and social skills such as leadership, communication, collaboration, problem-solving, persistence and decision-making. Students will participate in a variety of sports over the course of 2026 and will be equipped with sport specific skills and concepts in a variety of sports to facilitate a smooth and competitive transition to Interschool Gala/Interschool Sport in Stage 3.

STAGE 3

The focus of Stage 3 sport is the further development of sport specific skills through the Interschool Sport competition. Students train and are coached for a specific sport in preparation for competition. Opportunities are provided for athletes to compete in a variety of sports. These include football (soccer), futsal, netball, basketball, volleyball, touch football, athletics and cross country. Many of these sports have representative opportunities.

REPRESENTATIVE SPORT
Queensland Sport

At Calvary students have the opportunity to explore different Queensland Sport pathways in a broad range of representative sport opportunities. Students turning 10, 11 and 12 this year have the opportunity to trial for individual or team-based sports. The pathway is following school nomination and subsequent selection…

Beenleigh Zone Representation ➡ Pacific District Representation ➡ South Coast Representation ➡ Queensland Representation.

DISTRICT TRIALS

Boys	
AFL	Rugby Union
Basketball	Softball
Cricket	Football (Soccer)
Golf	Tennis
Hockey	Touch Football
Rugby League	Aquathlon

Girls	
AFL	Rugby League
Basketball	Softball
Cricket	Football (Soccer)
Golf	Tennis
Hockey	Touch Football
Netball	Aquathlon

SPORTS CLUBS

At Calvary we provide a range of extra-curricular activities including sport specific coaching sessions. The Sports Training sessions for 2026 include:

- Running / Athletics
- Futsal
- Volleyball
- Netball
- Basketball
- Touch Football

Some of our sporting clubs are paying clubs and require parents to pay a fee for participation. If you have any questions regarding Sport at the Carbrook campus, please email Mr Brendon Linning on brendon.linning@calvarycc.qld.edu.au

Yours in Sport,

Brendon Linning
Junior School Sport Coordinator Carbrook Campus